



2020

Llano Earth Art Festival

WORKSHOP SCHEDULE

March 13-16, 2020

Grenwelge Park in Llano, Texas

www.llanoearthartfest.org

WORKSHOP SCHEDULE

FRIDAY, MARCH 13, 2020

10:00 am-10:00 pm	Suitcase Musik (located in the Suitcase Musik tent for the whole festival)	AUpaya & The Magick Solar Suitcases
11:00 am -12:00 pm	Ignite Healing Through Your Chakra System	Teresa Lyles from KundaConscious
12:15 pm -1:30 pm	Primitive Fire Making (meet at the workshop tent at 12:00 pm)	Darin Heath Miller , wilderness survival and primitive living instructor
1:00 pm -7:00 pm	Giant Parade Puppets from Recycled Materials (Pre-registration recommended. This is a continuous 2-day workshop culminating with the Fashion Circus Parade at 6:30 pm on Saturday.)	Rob H. D'Arc , artist, puppeteer, and marionette master
2:00 pm - 4:00 pm	All the Elements: Fire Cairn Instillation and the Art of Letting Go (meet at the workshop tent at 1:45 pm) Part 1 of a 2-day workshop, limited to 8 participants, walk-ups welcome until all slots are filled, inquire at the workshop tent.	James Craig Page , Creator of European Stone Stacking Championships
4:00 pm - 5:00 pm	Llano Uplift Plant Walk (meet in the workshop tent at 3:45 pm)	Maggie Lyn , artist and folk herbalist Error! Bookmark not defined.
4:15 pm - 5:15 pm	Hatha Yoga	Avery Jones from Luminous Yoga Studio
5:30 pm - 7:00 pm	Henna 101 (Mehndi)	Macy Ulbricht , henna artist from the Greater Houston area

WORKSHOP SCHEDULE

SATURDAY, MARCH 14, 2020

10:00 am-6:00 pm	Giant Parade Puppets from Recycled Materials (This is a continuous 2-day workshop Fri. and Sat., culminating with the Fashion Circus Parade at 6:30 pm Saturday.)	Rob H. D’Arc , artist, puppeteer, and marionette master
10:00 am-10:00 pm	Suitcase Musik (located in the Suitcase Musik tent for the whole festival)	AUpaya & The Magick Solar Suitcases
10:00 am-11:00 am	Flow with Breath Yoga for all levels	Marilyn Miks from YMCA of Austin and Hays County
10:00 am-11:00 am	Creating Sand Globes	Lisa Miller , artist from Llano
10:30 am-12:30 pm	LandArtForKids (meet in the workshop tent at 10:15 am)	Julia Brooklyn , land artist and teacher from the UK
11:15 am-12:15 pm	Your Inner Bubble and Letting Go of the Outcome with Play	North Watt , a graduate of Bubble U
11:30 am-12:00 pm	Aliens from Planet Earth - Invasive Species and their Impact on our Rivers (meet at the workshop tent at 11:15 am)	Tyson Broad , founder and coordinator for Llano River Watershed Alliance
11:30 am - 1:00 pm	Creating Hairwrapz or Thread Dreads	Ashley Adams
12:30 pm - 1:15 pm	Magic for Kids	John David the Magician
1:00 pm - 3:00 pm	All the Elements: Fire Cairn Instillation and the Art of Letting Go (part 2 of a 2-day workshop, limited to 8 participants, meet at the workshop tent at 12:45 pm to inquire about open slots)	James Craig Page , Creator of European Stone Stacking Championships
1:30 pm - 2:00 pm	Pirate University	Raks Sanan , San Angelo's favorite bellydance troupe
2:00 pm - 2:45 pm	Cedar Choppers Historical Talk and <i>The Cedar Choppers: Life on the Edge of Nothing</i> book reading/signing	Ken Roberts , author and professor emeritus of Economics from Southwestern University
2:00 pm - 4:00 pm	LandArtForKids (meet at the workshop tent at 1:45 pm)	Julia Brooklyn , land artist and teacher from the UK
2:15 pm - 3:15 pm	Beginner Poi Spinning (limited to 10 participants, walk-ups welcome until all slots are filled)	Lisa Miller , artist from Llano
3:30 pm - 4:00 pm	Kids Yoga	Avery Jones from Luminous Yoga Studio
4:00 pm - 5:30 pm	Art and Kundalini Yoga: Making the Invisible Visible! (art will be a group mural)	Parvati from Aat The Ranch
5:00 pm - 5:45 pm	Ancient Rocks 101	Patricia Even , Texas Cache
5:15 pm - 6:00 pm	Yoga For All	Casie Hall from Nectar Flow Yoga

WORKSHOP SCHEDULE

SUNDAY, MARCH 15, 2020

10:00 am – 6:00 pm	Suitcase Musik (located in the Suitcase Musik tent for the whole festival)	AUpaya & The Magick Solar Suitcases
10:00 am -11:30 am	Art and Kundalini Yoga: Making the Invisible Visible! (art will be an individual drawing)	Parvati from Aat The Ranch
11:00 am - 12:00 pm	Llano Uplift Plant Walk (meet in the workshop tent at 10:45 am)	Maggie Lyn , artist and folk herbalist
11:45 am - 12:30 pm	Kids Yoga and Mindful Play	Emily Isbell of The Little Yoga House
12:45 pm -1:30 pm	Ancient Rocks 101	Patricia Even from Texas Cache magazine
12:45 pm -1:45 pm	Ignite Healing Through Your Chakra System	Teresa Lyles from KundaConscious
2:00 pm -3:30 pm	Ceilidh (kay-lee): Scottish Country Dance	Britany Dooley and Mara Johnson of Celtic Gypsies
3:45 pm -5:00 pm	Primitive Fire Making (meet at the workshop tent at 3:30 pm)	Darin Heath Miller , wilderness survival and primitive living instructor
4:00 pm -5:00 pm	Quartz Crystal Sound Bath	Singing Bowl Lady
5:30 pm -7:00 pm	Henna 101 (Mehndi)	Macy Ulbricht , henna artist
5:45 pm -6:45 pm	Restorative Meditation	Avery Jones from Luminous Yoga Studio
6:00 pm -7:30pm	Meet the Irishman! (meet at the workshop tent at 5:45 pm)	Sean Corcoran , environmental artist from Waterford, Ireland

WORKSHOP SCHEDULE

MONDAY, MARCH 16, 2020

10:00 am – 3:00 pm [Suitcase Musik](#) (located in the Suitcase Musik tent for the whole festival) **AUpaya & The Magick Solar Suitcases**

10:00 am – 3:00 pm [Rock Painting](#) **Staff of the Workshop Tent**

11:00 am - 12:00 pm [Llano Uplift Plant Walk](#) (meet in the workshop tent at **10:45 am**) **Maggie Lyn**, artist and folk herbalist

WORKSHOP DESCRIPTIONS

Aliens from Planet Earth - Invasive Species and their Impact on our Rivers

Saturday, March 14, 11:30 am-12:00 pm (please arrive 15 minutes early)

[Eventbrite](#) to register and stay connected to this workshop

An educational talk about non-native species (plant and animal), with Q&A to follow. Non-native species (plant and animal) are having serious impacts to our Hill Country Rivers. Come learn what you can do.

Tyson Broad is the Project Coordinator for the [Llano River Watershed Alliance](#). In 2008, Tyson co-founded the Alliance (then the South Llano Watershed Alliance), a landowner and stakeholder group committed to protecting and enhancing the watersheds in and around the Llano.

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All the Elements: Fire Cairn Instillation and the Art of Letting Go

This is a two-part workshop:

- Friday, March 13, 2:00 pm - 4:00 pm (please arrive 15 minutes early)
- Saturday, March 14, 1:00 pm - 3:00 pm

Limited to 8 participants. Walk-ups welcome until all slots fill

Rubber or Muck Boots (“wellies,” as the Scots say) are essential.

Appropriate for teens/adults

[Eventbrite](#) to register and stay connected to this workshop

This workshop’s design aligns the participant with the restorative and healing powers that nature can provide, whilst engaging in a creative mindful exploration of the wonderful landscape of the Llano River.

This will be an evolving workshop/instillation focusing on using all the elements of nature to heal the mind, heart, and soul. This will take the form of a traditional Scottish style cairn, with an element of stone balancing incorporated in the design. The finished sculpture will be located on the Llano River, surrounded by water. Once built a small fire can be incorporated. The two-day, two-part workshop will consist of building a cairn in a flowing part of the river on Friday. Participants will then build a fire contained in water, bringing earth, air, water, and fire together on Saturday. Each participant will be asked to let go of anything in their life that may be holding them back. By placing a piece of wood or natural material, or even some words, into the fire, participants will experience the process of letting go, whilst being truly present in the moment, allowing all the elements of nature to heal both heart and soul. Participants are given time for reflection and to recharge their batteries at the conclusion of the workshop.

James Craig Page is the creator and currently the Director of the European Stone Stacking Championships in Dunbar, Scotland. He has been attending LEAF since 2017. In addition to directing the ESSC, James is a full time artist and director of the Dunbar Street Art Trail. James has been facilitating nature balance workshops in Scotland for 4 years and has also had the pleasure to do some here at Llano and in Austin. [Facebook](#), [Artist Website](#), [European Stone Stacking Championships website](#)

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Ancient Rocks 101

Saturday, March 14, 5:00 pm - 5:45 pm

Sunday, March 15, 12:45 pm - 1:30 pm

Appropriate for all ages

[Eventbrite](#) to register and stay connected to this workshop

In this talk, participants will learn about resources used for identifying artifacts, the difference between dart points and arrow points, as well as, the basic tools around the campsite. Participants will also receive a free copy of Texas Cache magazine, just for attending the workshop.

Patricia Even is a former teacher and now owner and publisher of Texas Cache - the only Texas Artifact magazine. Patricia has over 16 years of experience with collecting artifacts and publishing the magazine. [Website](#), [Facebook](#)

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Art and Kundalini Yoga: Making the invisible visible!

Saturday, March 14, 4:00 pm - 5:30 pm, (art will be a group mural)

Sunday, March 15, 10:00 am - 11:30 am, (art will be an individual drawing)

[Eventbrite](#) to register and stay connected to this workshop

This yoga and art workshop is for everyone. Really and very honestly, all ages can participate and there is no need to have any flexibility. It is all about the breath and looking inward to bring outward impressionist art.

Participants will begin by sitting in an easy pose or a chair, their choice. As participants begin with long, deep breaths, a centering time ensues... vibrations, senses, feelings and a tuning in with Ong Namu Guru Dev Namu. Most movements are done with eyes closed to assist in looking inwards. Participants become able to notice their sensations - maybe even give them a color, shape, texture, or placement in their body. Because Kundalini yoga is the yoga of awareness, poses are held for longer periods of time to connect into contemplative state shifting effects of light and color inside, in your inner world. Images are real and present, embodies what otherwise may stay invisible yet present. Participants will transition from yoga into art. When you make simple drawings, paintings, textures, you give "flesh" to something inhabited or unseen. Parvati keeps this workshop fun and light. She uses songs (kirtan music), stories, sharing of energy field knowledge, and discussions of our vital life force.

Parvati has been empowering women and a few open-minded men, for 30+ years by using meditation, E-RYT 500, and Kundalini Yoga IKYTA. Her newest blend is Art & Yoga, and she LOVEs teaching these classes. Her given name is Janice; she can make you feel good about yourself and make you laugh even when you are feeling down. Her spiritual name, Parvati, is a vibration and a tool that helps her to elevate her energy through sound current and meaning. [Facebook](#)

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Beginner Poi Spinning

Saturday, March 14, 2:15 on - 3:15 pm

[Eventbrite](#) to register and stay connected to this workshop

This is a beginner class. Supervision is required for little leafings.

Limited to 10 participants, walk-ups welcome until all slots are filled.

In this beginner class, participants will be provided with Sock Poi, softer practice versions of Poi, and will be guided through the most basic moves. Participants may choose rice weights (fairly soft) or water balloons (very soft, for people with sensitive skin and for kids). At the end of the session, participants may buy the poi they've used for a nominal amount.

Poi is a style of performance art. It involves spinning tethered weights in rhythmical and geometric patterns. The original Poi spinning is derived from Maori culture and has evolved into International Poi, with many varieties, including Fire Spinning. Poi Spinning is considered one of the Flow Arts; activities that encompass physical exercise, meditation, music and 'flow', a state of energized focus.

Poi can be practiced by anyone of any age, regardless of physical limitations. It can be done standing or sitting and is a mild cardiovascular workout that's just plain fun.

Lisa Miller started learning Poi Spinning after watching friends spin and then Fire Dancing. Lisa finds Poi Spinning to be an intriguing, engaging physical activity with amazing meditative qualities, and is excited to share it with others.

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Cedar Choppers Historical Talk and *The Cedar Choppers: Life on the Edge of Nothing* book reading/signing

Saturday, March 14, 2:00 pm - 2:45 pm

[Eventbrite](#) to register and stay connected to this workshop

In this book talk and signing in the LEAF workshop tent, author and professor Ken Roberts, of Liberty Hill, TX, will tell the story of the cedar choppers of central Texas, the research and writing of his book, [The Cedar Choppers: Life on the Edge of Nothing](#), and his continued fascination and reverence for these strong spirited, hard living, survivors who literally made a life for themselves on the edge of nothing.

Ken Roberts retired from Southwestern University, where he was a professor of Economics for more than 30 years. For two decades his teaching and research focused on the effects of agricultural change on poor farmers in developing countries, especially Mexico and China. But all of his life it was something closer to home that caught his attention and imagination and ultimately led him to research and write - a special band of people of the Texas hill country known as cedar choppers. The cedar choppers in central Texas were unlike other poor farmers who fled the land in response to lower prices and mechanization. They didn't leave. They chose not to surrender their lifestyle. These folks hung on, and their families are still here today. Ken's curiosity and appreciation for their distinctive culture led him to uncover their stories through oral interviews and archival research. The result of that meticulous research is *The Cedar Choppers: Life on the Edge of Nothing*, a book that is a celebration of the cedar choppers' proudly independent brand of Southern white culture.

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Ceilidh (kay-lee): Scottish Country Dance

Sunday, March 15, 2:00 pm - 3:00 pm

[Eventbrite](#) to register and stay connected to this workshop

All ages are welcome at this interactive performance. Join in, or just watch. Chairs are provided for the audience.

The Celtic Gypsies will lead an interactive performance of Ceilidh. Originally the word Ceilidh (kay-lee) descended from the Gaelic word for 'gathering' or 'party.' A ceilidh is a Scottish social event which involves traditional folk music and dancing. You will normally come across ceilidhs on special occasions such as weddings, birthdays and anniversaries.

Britany Dooley and Mara Johnson of the Celtic Gypsies currently teach Scottish Country Dance workshops in the Hill Country and have a great love for the Celtic Culture. They also have a love of the arts and Mara teaches mixed media art to adults and children and hosts workshops that promote centering, growth, and personal goals. [Facebook](#), [Youtube](#)

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Creating Hairwrapz or Thread Dreads

Saturday, March 14, 11:30 pm - 1:00 pm

[Eventbrite](#) to register and stay connected to this workshop

Appropriate for all ages. Youngest leaflings should bring an adult partner. Beads and thread will be provided, but you are always welcome to bring your own.

In this workshop, participants will use embroidery floss to wrap a few pieces of their hair, creating a decoration, headband, or hair tie (depending on hair length). Participants will be doing this on their own hair, or can bring a partner to practice on. An assortment of colored floss/thread, and beads, will be available to choose from, and participants are welcome to bring their own too. Younger participants should bring an adult partner.

Ashley Adams sees beauty in everything. She loves giving new life to old things and is a repurposing queen. Among her many talents, Ashley practices massage therapy. Ashley's thoughts and life have always been projected/portrayed in her hair. Right now her hair is the color of the galaxy – blue, purple, and teal.

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Creating Sand Globes

Saturday, March 14, 10:00 am - 11:00 am

[Eventbrite](#) to register and stay connected to this workshop

Appropriate for all ages. Youngest leaflings should bring an adult partner.

Making Sand Globes is an ephemeral art. Sand Globes are made from only sand and water and return to the earth with weather and time. The process is a combination of physics, patience and meditation that anyone of any age can enjoy.

In this workshop, participants will get a short description of how to make Sand Globes and jump right in to making. Suitable sand for forming and finishing Sand Globes is provided, and hands-on instruction is provided throughout.

The "glue" that holds Sand Globes together is the intermolecular force that attracts water molecules to each other and to the grains of sand. Besides the physics, there are meditative and artistic qualities inherent in the making.

Ephemeral art cannot be bought, sold or traded and brings us closer to the fleeting nature of art and life.

Lisa Miller is a self-taught artist and learning addict, though those two things may be the same. She became interested in Sand Globe making the first time she saw the globes alone and as a part of other Land Art installations. Unfortunately, she lives far from the sea and had no sand available on the Llano River until the flood of 2018, which deposited a layer of sand from upstream that she has been using ever since. [Website](#)

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Flow with Breath Yoga for all levels

Saturday, March 14, 10:00 am - 11:00 am

[Eventbrite](#) to register and stay connected to this workshop

This flow-based yoga class is suitable for all levels, from the beginner to the advanced practitioner.

Marilyn Miks is a yoga instructor with the YMCA of Austin and Hays County. She also hosts private yoga and healing events in her home. Her mission is to help each person find his or her personal practice that suits his or her mind, body and spirit. Marilyn's is not a 'one size fits all' approach, but rather a flow based style with an emphasis on breath. She offers poses and sequences to help counteract the effects of our modern lifestyle of sitting, driving and using our devices. Marilyn enjoys teaching all levels and thrives on the challenge of modifying a class to address a wide spectrum of students, from the beginner to the advanced practitioner.

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Giant Parade Puppets from Recycled Materials

Friday, March 13, 1:00 pm – 7:00 pm

Saturday, March 14, 10:00 am – 6:00 pm

[Eventbrite](#) to register and stay connected to this workshop

This is a two day, continuous workshop. Pre-registration required. Participants will begin working with Rob on Friday afternoon. They will participate in the puppet design stage, and have the privilege of operating the puppets in the parade on Saturday at 6:30 pm. There may be room for walk-up participants in the building of the puppets all day Saturday.

Puppet Designer Rob H. D'Arc teaches you and your friends how to make Giant Parade Style Puppets from simple recycled materials like cardboard and newspaper, and then march your creations in the LEAF fashion circus parade!

Rob H. D'Arc began his career as an artist, writer, sculptor, and puppeteer with an apprenticeship to the French puppet troupe, “Les Marmouset.” He went on to become a walking puppet stage for Knott’s Berry Farm, a Court Magician at Medieval Times, and a puppet “boothie” at the Renaissance Pleasure Fair. Rob also spent several weeks in a hollow tree, traveling to malls in fifteen mid-western cities as Ernie the Elf (and Ernie's Mom!) in the President’s Drug Awareness Campaign / Keebler-sponsored show, “I Believe in Me.” In 1987, he founded the decidedly not for profit Kidstuff Puppet Theater in Riverside, California. In Kidstuff’s 10 years of operation, Rob coordinated all elements of production, creating and performing over 30 original shows, preparing promotional materials and grants, even retrofitting the theater space...twice.

Rob has also fabricated props, mask, and puppets for other local theater groups for productions such as Little Shop of Horrors, The Hobbit, Bocon, Into the Woods, 1776, Babes in Toyland, and Nutcracker Suite. In 1996, he directed over 200 community volunteers in the creation of twenty-four giant Mardi Gras-style masks and parade puppets for the Orange Blossom Festival.

Rob received an “Artist in Schools” residency from the [California Arts Council](#) to teach puppetry to G.A.T.E. classes; instructed librarians, teachers, and therapists with in-service programs; taught sculpting at two National Puppetry Festivals; and won local awards for specialty makeup, the promotion of literacy, and artistic excellence. In 2000, Rob directed three plays, The Lion, the Witch and the Wardrobe, The Hobbit and a comedic version of "A Christmas Carol" for the Riverside Community Players. In 2001, Rob directed a production of The Little Prince and co-created a comedic version of Adam and Eve for the Southern California Renaissance Faire, featuring large-scale puppets. Rob currently tours with his puppet shows and his neo-vaudevillian act, “Professor Humbug’s Flea Circus”, which can be seen on sunny weekends at Seattle’s famous [Pike's Place Market](#). Rob sells his pop-up style puppets at the market as well. [Facebook](#)

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Hatha Yoga

Friday, March 13, 4:15 pm - 5:15 pm

[Eventbrite](#) to register and stay connected to this workshop

This yoga session is suitable for all levels.

Students will be led through the key poses and breath work of yoga to find flexibility, strength and balance both inside and out.

Avery Jones is a yoga instructor of 10 years currently teaching at Luminous Yoga Studio in Burnet, TX. She teaches to all levels and ages to help bring self-love, awareness and understanding, along with the many physically healing benefits of yoga to her students. [Website](#)

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Henna 101 – Becoming a Henna Artist

Friday, March 13, 5:30 pm - 7:00 pm

Sunday, March 15, 5:30 pm - 7:00 pm

[Eventbrite](#) to register and stay connected to this workshop

Appropriate for all ages. Youngest leaflings should bring an adult partner. Learn the henna recipe, history of henna, and step-by-step design drawing

This workshop is a 1½-hour class, taught in (3) thirty-minute segments. Segment 1: Each participant learns the henna recipe (chemistry) and makes their own batch of henna paste from scratch (which they get to keep). Segment 2: Participants learn to make a plastic "cone" henna applicator and proper storage of henna ingredients. Segment 3: Participants are led through a step-by-step simple henna design drawing (flowers, swirls, vines) and practice drawing henna on paper with cone applicators, on each other, and on themselves.

Macy Ulbricht has been a professional henna artist for 15 years in the Greater Houston area. Sharing the knowledge of this ancient, 5,000-year-old artform is her passion and purpose. She has co-created an estimated 18,000 original henna designs during her career. Macy's hope is to radiate love and the continuation of this tradition of self-expression through teaching henna workshops. [Instagram](#), [Facebook](#)

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Ignite Healing Through Your Chakra System

Friday, March 13, 11:00 am - 12:00 pm

Sunday, March 15, 12:45 pm - 1:45 pm

[Eventbrite](#) to register and stay connected to this workshop

Appropriate for all ages. Youngest leaflings should bring an adult partner.
Come with an open mind and an expectation of EMPOWERMENT!!

In this workshop, participants will learn about the Chakra system - how it affects our physical bodies, and what we can do to strengthen it. Participants will be able to see the chakra system in REAL TIME. Teresa will be using her biofeedback AuraCloud system to let participants SEE the energetic system, so they can connect and be informed.

“Our energetic system is just as important as our physical system. Without knowledge of this system, we are in the dark when it comes to our Human Existence.”

Teresa Lyles has been a body mechanic and body energetic shaker for 21 years. She is also a licensed Holistic Skin Therapist, a Kundalini Yoga Teacher, Certified Gong Therapist and Life Coach. She uses the Chakra system as a base line to recognize where healing needs to start. KundaConscious is her mantra. It means "to open your consciousness". When one opens their consciousness true healing begins, awareness happens and you begin to discover your how you can ignite the healing power that exist in you now! Teresa has discovered this personally through her years of work and studies. Now she is ready to share Her Story. [Website](#)

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Kids' Yoga

Saturday, March 14, 3:30 pm - 4:00 pm

[Eventbrite](#) to register and stay connected to this workshop

For ages walking+

This 30-minute kids' yoga session will bring pure bliss to your child through exciting poses, meditation and yoga games!

Avery Jones is a yoga instructor of 10 years currently teaching at Luminous Yoga Studio in Burnet, TX. She teaches to all levels and ages to help bring self-love, awareness and understanding, along with the many physically healing benefits of yoga to her students. [Website](#)

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Kids' Yoga and Mindful Play

Sunday, March 15, 11:45 am - 12:30 pm

[Eventbrite](#) to register and stay connected to this workshop

The class is perfect for Elementary-aged children whose family desires to encourage their children toward healthy freedom-of-expression and mindful-living.

Kids in this yoga workshop will move in creative ways, act out stories, practice mindful breathing and listening, and interact with kindness and compassion. Children learn basic yoga movement, mindful sense-exploration, breathing techniques, and self-awareness. They wiggle, giggle, dance freely, paint, draw, howl, practice silence, and listen with the whole body.

Emily Isbell received her 200 Hour Yoga Teacher Certification through Dharma Yoga Austin, and received Kids Yoga training through The Little Yoga House. She offered Kids Yoga programming at various locations throughout Texas, including Raja Yoga of Fort Worth, Arlington Heights Methodist Church Preschool, Llano Earth Art Fest Workshops, and various private family yoga sessions throughout the Austin area. She has experience teaching in various afterschool programs including Young Rembrandts, Mad Science, and Imagine Arts Academy. [Website](#)

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LandArtForKids

Saturday, March 14, 10:30 am - 12:30 pm (meet at the workshop tent at 10:15 to be guided down to river)
Saturday, March 14, 2:00 pm - 4:00 pm (meet at the workshop tent at 1:45 to be guided down to river)

[Eventbrite](#) to register and stay connected to this workshop

Come and go as you please, walk-ups welcome.

For leaflings ages 5 to 15

Create a masterpiece using a pick and mix of natural materials. Set your imagination loose to create your own landart creation!

Julia Brooklyn is a land artist and teaching assistant in the UK, creating art using natural materials found in nature. Her work is to foster a love and connection to nature working with children through landart. [Facebook Page](#), [Website](#)

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Llano Uplift Plant Walk

Friday, March 13, 4:00 pm - 5:00 pm (meet in the workshop tent at 3:45pm)

Sunday, March 15, 11:00 am - 12:00 pm (meet in the workshop tent at 10:45pm)

Monday, March 16, 11:00 am - 12:00 pm (meet in the workshop tent at 10:45pm)

[Eventbrite](#) to register and stay connected to this workshop

Appropriate for all ages. Please wear appropriate walking shoes.

Maggie Lyn will lead an introduction to identifying edible and medicinal plants found in the Llano Uplift & Texas hill country. Learn simple, useful everyday applications & preparations for incorporating wild plants into your preventative medicine routines. Learn about the unique geology and ecology of the Llano Uplift.

Artist and folk herbalist **Maggie Lyn** was born and raised in the Texas Hill Country, and returned after 13 years on the roam. She is devoted to reparative action & saving the Earth.

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Magic for Kids

Saturday, March 14, 12:30 pm - 1:15 pm

[Eventbrite](#) to register and stay connected to this workshop

Appropriate for all ages. Impress your friends and family with magic you create from objects found around the home.

John David the Magician believes there's magic inside each-and-every one of us. Returning to LEAF for a second year, he is hoping to magic your socks off.

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Meet the Irishman!

Sunday, March 15, 6:00 pm - 7:30 pm

Meet at the workshop tent at **5:45 pm**

Limited to 20 participants

This event is suitable for people of all ages.

Suitable footwear is required, as you will be rambling over some rough terrain.

[Eventbrite](#) to register and stay connected to this workshop

A walking workshop with Sean Corcoran, the first LEAF artist from Ireland! Sean will be spending a week on site prior to the opening of the festival. He would like to invite you to join him on an exploration of his creations. Along the way he will encourage participants to try out some of the techniques he will have developed during his stay. So be prepared to explore the materials and get stuck

in! He will also be sharing the inspirations behind his work as well as personal experiences of his time in Llano and the natural materials he has chosen to use.

Sean has the following to say:

“Hi all, I'm super excited to be heading your way and it's a real honour for me to be the first Irish artist to participate at LEAF! I'm really looking forward to working alongside some of my all-time favourite artists. Say hello if you come across me at the festival and I'd love you to join me on this walking workshop!”

Sean Corcoran is an environmental artist based in Ireland. Sean likes to work in lots of different media including sand art, forest art and collaborative mosaics using recycled materials. Sean participates in many creative festivals around Ireland and the UK. Him and his wife run an art school on the Irish coast called [The Art Hand](#) that specialises in collaborative art with groups and schools and they host lots of environmental art events. It is a family business and they're both highly experienced and full-time professional artists. www.facebook.com/theartand

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Pirate University

Saturday, March 14, 1:30 pm - 2:00 pm

[Eventbrite](#) to register and stay connected to this workshop

Suitable for all ages, especially all ye little lads and lassies! Families are encouraged to take a seat, relax, and watch their little ones become Pirates!

This workshop will teach all ye little lads and lassies the skills needed to grow up to be a pirate on the high seas! Ye'll learn the proper pirate posture and attire, blood-curdlin' yell, and how to fight with (plastic) swords. Bucaneers, use your outdoor voices at this workshop!

Raks Sanan is San Angelo's favorite (and only!) bellydance troupe. They have been studying and performing for over 10 years, under the direction of their director and teacher, **Carrie McFarland-Scott**. They love all things bellydance - cabaret, traditional Middle Eastern folk dances, American Tribal Style, classic raks sharqi, and drumming. They love performing in character, and boy, do they have some characters in their troupe! They have been mermaids, pirates, witches, and hula dancers, and they hope to keep doing what they do for decades to come. [Facebook](#)

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Primitive Fire Making

Friday, March 13, 12:15 pm - 1:30 pm (meet at workshop tent at **12:00 pm**)

Sunday, March 15, 3:45 pm - 5:00 pm (meet at workshop tent at **3:30 pm**)

[Eventbrite](#) to register and stay connected to this workshop

This fire-making workshop is appropriate for teens and adults (not good for littlest leafplings because of *fire!*)

This workshop provides hands-on instruction in various friction fire methods used by our ancestors such as flint and steel, bow drill and hand drill.

Darin Heath Miller is a local native wilderness survival and primitive living instructor. [Facebook](#)

Quartz Crystal Sound Bath

Sunday, March 15, 4:00 pm - 5:00 pm

[Eventbrite](#) to register and stay connected to this workshop

This is an immersive experience / performance. Attendees are encouraged to relax under the LEAF workshop tent while being immersed in a quartz crystal singing bowl sound bath.

Quartz Crystal Singing Bowls are mesmerizingly played, creating a unique sonic experience that not only is heard with the ears but also felt within the body. This sonic bath will energize your life force, calm your mind, and massage every cell in your body – allowing access to a deep, relaxing, meditative experience. Singing Bowl Lady fuses elements of music & meditation in a multi-layered experience. Words cannot adequately express what a quartz crystal singing bowl sound bath can be like – it must be experienced. Some reach incredible meditative states. Some get clarity of a life event. Some come to bring balance to their physical body. And some come to just totally & completely relax. Some say “the chatter in my head goes away” & some just say it’s “other worldly”.

But no matter your personal purpose, a Bowl session provides a feeling of deep relaxation, peace, and a connectedness beyond your ‘normal’ waking consciousness. The Singing Bowl Lady offers a sonic tapestry for you to weave your own unique experience. So come ... take a ‘time out’ from ‘out there’ ... relax into the Edgeless Energy of You ... Be Bowled."

Singing Bowl Lady: Singing Bowls entered Sandee's life in 2001. Through personal study and Time, she has developed a powerful method of sound meditation. Sandee has two CDs - The Art of Balance and The Portal. In addition to her monthly Austin Area Sound Bath sessions, Sandee conducts workshops, and has shared the stage with various artists, including Grammy winner Jeffrey Barnes. Her venues have included the United Nations Church Center, Yankee Stadium Legends Club, Austin City Limits—Studio 6A, SXSoundBath, Travis County Correctional Facility, From the Hills With Love Music Festival (Israel Nash), 35 Denton Music Festival, The LINE Hotel, South Congress Hotel, Wally Workman Gallery, Steeplechase Cancer Center, Rutgers University, as well as various regional Hospitals, Health, Yoga and Religious Centers. [Website](#), [Facebook](#), [Instagram](#)

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Restorative Meditation

Sunday, March 15, 5:45 pm - 6:45 pm

[Eventbrite](#) to register and stay connected to this workshop

Appropriate for all levels.

In this hour-long yoga session for all levels, students are encouraged to take an hour out of their day to focus on YOU. This session helps turn students inward by using easy yoga poses to relax the physical body, followed by a meditation to find their peace within.

Avery Jones is a yoga instructor of 10 years currently teaching at Luminous Yoga Studio in Burnet, TX. She teaches to all levels and ages to help bring self-love, awareness and understanding, along with the many physically healing benefits of yoga to her students. [Website](#)

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Rock Painting

Monday, March 16, 10:00 am – 3:00 pm, come-and-go as you please

[Eventbrite](#) to register and stay connected to this workshop

This is a self-guided art experience. Rocks, paint, and cleaning supplies will be available to anyone who wants to take a seat in the LEAF workshop tent, relax, and paint rocks.

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Suitcase Musik with AUpaya & the Magick Solar Suitcases

Friday, March 13, 10:00 am – 10:00 pm

Saturday, March 14, 10:00 am – 10:00 pm

Sunday, March 15, 10:00 am – 6:00 pm

Monday, March 16, 10:00 am – 3:00 pm

[Eventbrite](#) to register and stay connected to this workshop

Location on festival grounds: AUpaya will have his own dedicated tent at the LEAF festival.

Suitable for all ages and musical abilities.

Bring your instruments! Providing your own instrument is fun, but not required!

AUPaya and The Magick Solar Suitcases play during the whole festival. Walk up, sit down, and join the fun or just watch and listen! Suitcase Musik is most fun when played together. You can mic up your own instrument, grab the microphone, play the Suitcases or ask a question. This workshop is for us - the people. We want to hear what you are passionate about!

The Magick Solar Suitcases are a completely live, solar powered, interactive experience where *anyone* can help create the next song live and on the spot! All are children of the immortal bliss, get your instruments! Suitcase musik is *pure* live musik. A song is created out of thin air and on-the-spot. As soon as the musik changes, the song is lost forever. All songs are the same and none of them are the same. Nothing is pre-recorded, nothing is rehearsed, and anyone can play anything.

AUpaya has been touring professionally with the Suitcases for 6 years and they have recently completed the pilot season for The Suitcase Musik Show. Aupaya doesn't just play music, he runs an interactive Solar Suitcase Experience. If you ever see him jamming, feel free to grab the mic and let everyone know what you're passionate about, or take the drum sticks and help create the main beat.

[Facebook](#), [Instagram](#), [YouTube](#)

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Yoga for All

Saturday, March 14, 5:15 pm - 6:00 pm

[Eventbrite](#) to register and stay connected to this workshop

Appropriate for all levels.

In this 45-minute-long yoga session for all levels, students will be led through movement with meditation and breathwork. No experience necessary

Casie Hall is the founder of and lead teacher at Nectar Flow Yoga in Spicewood, TX. For nearly half of her life, Casie has been practicing yoga and educating in some capacity. Of her practice, Casie says “I love yoga because it is a never-ending source of challenge and growth: mentally, physically, and spiritually. It truly becomes what I need it to be in that moment.” [Facebook](#)

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Your Inner Bubble and Letting Go of the Outcome with Play

Saturday, March 14, 11:15 am - 12:15 pm

[Eventbrite](#) to register and stay connected to this workshop

Suitable for all ages.

The bubble play shop will show participants to how make giant bubble wands and different styles to play. Supplies to make the wands will be provided at cost for 10 bubble wands upon request by participants.

North Watt has been playing with bubbles at LEAF for the last five years. North is a graduate from Bubble U in 2014 (a prestigious institute in England), and he continues his education with smiles and sharing joys with others.

North is the only person in recent times who was asked not to blow bubbles on the bridge in Llano due to people possibly hitting the bubbles while driving.

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